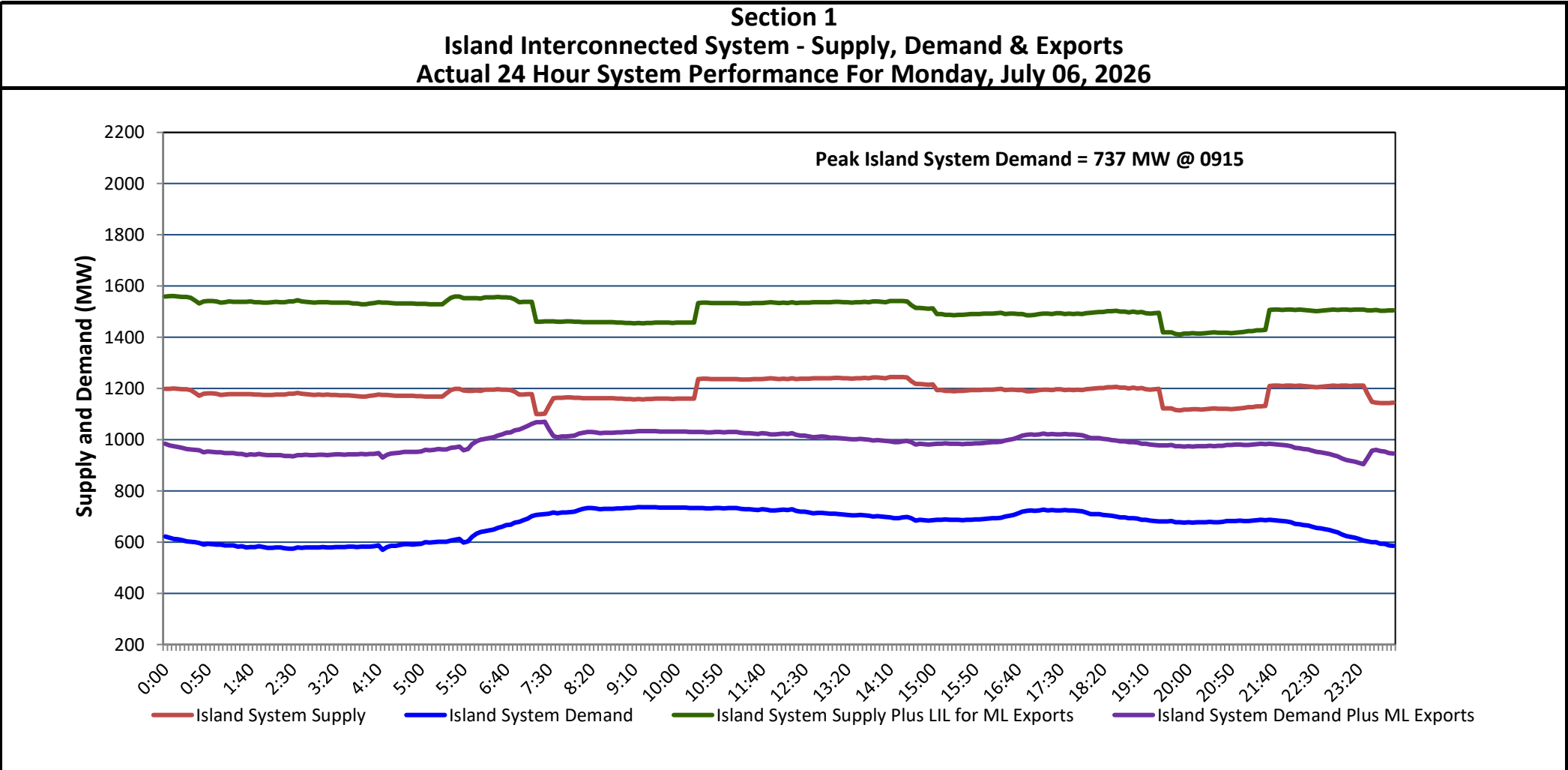


Newfoundland Labrador Hydro (NLH)
Supply and Demand Status Report Filed Tuesday, July 07, 2026



Island Supply Notes For July 06, 2026

A

As of 0800 hours, March 29, 2026, Holyrood Unit 3 unavailable due to planned outage (150 MW).

B

As of 1513 hours, April 16, 2026, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).

C

As of 0800 hours, May 06, 2026, Holyrood Unit 2 unavailable due to planned outage 40 MW (170 MW).

D

As of 0701 hours, May 24, 2026, Holyrood Unit 1 unavailable due to planned outage 166 MW (170 MW).

E

As of 0841 hours, May 24, 2026, Hinds Lake Unit unavailable due to planned outage (75 MW).

F

As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 3 unavailable due to planned outage (76.5 MW).

G

As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 4 unavailable due to planned outage (76.5 MW).

H

As of 1433 hours, June 29, 2026, Granite Canal Unit unavailable due to planned outage (40 MW).

I

As of 0239 hours, June 30, 2026, Cat Arm Unit 2 available at 57 MW due to forced derating (67 MW).

J

As of 0809 hours, July 05, 2026, Bay d'Espoir Unit 7 unavailable due to planned outage (154.4 MW).

K

At 0715 hours, July 06, 2026, Bay d'Espoir Unit 2 unavailable due to forced outage (76.5 MW).

L

At 1022 hours, July 06, 2026, Bay d'Espoir Unit 2 available (76.5 MW).

M

At 1930 hours, July 06, 2026, Bay d'Espoir Unit 2 unavailable due to planned outage (76.5 MW).

N

At 2130 hours, July 06, 2026, Bay d'Espoir Unit 2 available (76.5 MW).

Section 2

Island Interconnected System - Supply, Demand & Outlook

Tue, Jul 07, 2026	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast ⁸	Adjusted ⁶
Island System Supply: ⁴ NLH Island Generation: ^{3,7} NLH Island Power Purchases: ⁵ NP and CBPP Owned Generation: LIL Net Imports to Island: ⁹	1,253 MW 770 MW 105 MW 205 MW 173 MW	Tuesday, July 7, 2026	765	715
		Wednesday, July 8, 2026	780	730
		Thursday, July 9, 2026	765	715
		Friday, July 10, 2026	765	715
		Saturday, July 11, 2026	740	690
		Sunday, July 12, 2026	755	705
7-Day Island Peak Demand Forecast:		Monday, July 13, 2026	795	745

Island Supply Notes For July 07, 2026

Notes:

1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.

2. As of 0800 Hours.

3. Gross continuous unit output.

4. Gross output from all Island sources (including Note 3).

5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).

6. Adjusted for interruptible load and the impact of voltage reduction when applicable.

7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.

8. Does not include ML Exports.

9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

Section 3
Island Peak Demand and Exports Information
Previous Day Actual Peak and Current Day Forecast Peak

Mon, Jul 06, 2026	Island Peak Demand ¹⁰	9:15	737 MW
	Exports at Peak		297 MW
	LIL Net Imports to Island		4,007 MWh
Tue, Jul 07, 2026	Forecast Island Peak Demand		765 MW

Notes: 10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).